

Nutritional Product Information

B Complex - Lingual (Tablet) B12, B6 and Folic Acid

Recommended Use

As a dietary supplement, take one to two tablets daily or as directed by a physician.

Dissolve in mouth under tongue before swallowing.

May be used as a lozenge or chewed.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 60

Amount Per Serving		%DV
Vitamin B6 (as pyridoxine HCl)	25 mg	1250 %
Folate (folic Acid)	400 mcg	100 %
Vitamin B12 (as methylcobalamin)	1000 mcg	16,667 %

Other ingredients: Mannitol, Sorbitol, Fructose, Natural Cherry Flavor, Silica, Magnesium Stearate.

Manufactured exclusively for:

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.