

# Nutritional Product Information

## Phytosterol Formula

### Recommended Use

As a dietary supplement, take four capsules per day, preferably with a meal.

Store in a cool, dry place.

As with all dietary supplements, keep tightly sealed and out of reach of children.

If pregnant or lactating, or if you have or suspect you have a medical condition, or if you are taking prescription drugs, consult your healthcare provider prior to use.

As part of a cholesterol management program, have your cholesterol levels checked on a regular basis.

### Manufactured exclusively for:

Ultimate Living International, Inc.  
Dallas, Texas 75219  
(800) 360-0988  
www.ultimateliving.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### Supplement Facts

Serving Size: 4 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
<b>Vitamin B-6</b> (as pyridoxine HCl)	5 mg	250 %
<b>Folate</b> (as folic acid)	200 mcg	50 %
<b>Vitamin B-12</b> (as methylcobalamin)	50 mcg	830 %
<b>Heart Choice™ Plant Sterols:</b>	1,250 mg	†
Beta Sitosterol.....	525 mg	†
Campesterol .....	250 mg	†
Stigmasterol .....	150 mg	†
Other Plant Sterols.....	325 mg	†
† Daily Value (DV) not established.		

**Other Ingredients:** Gelatin, Tricalcium Phosphate, Silicon Dioxide, Magnesium Stearate, Cellulose.